



# COUGAR CARE

— 24/7 TELEHEALTH —

STUDENTS, PART-TIME STAFF & ADJUNCT FACULTY

## What is TimelyCare?

Access to 24/7 medical and mental health support for all Collin College students, part-time staff and adjunct faculty.

## Who can use TimelyCare?

Any enrolled Collin College students, part-time staff and adjunct faculty can use TimelyCare.

## What services are available?

24/7 Medical visits, TalkNow visits (24/7 mental health support), Scheduled Counseling visits (6 per year), Psychiatry visits (by campus counseling referral) and Health Coaching visits are available at no cost.

## How do I log in?

Go to [timelycare.com/collincollege](https://timelycare.com/collincollege) and follow the prompts.

*\*Mobile users will be directed to download the TimelyCare app.*

## What can I be treated for?

Our physicians and counselors can treat/discuss a wide range of common conditions, and after talking to you, will decide on the best course of treatment. Some common conditions are: cold, sinus infection, influenza (flu), stress and anxiety, relationships, depression nutrition and healthy lifestyle.

## How much does a visit cost?

There is no cost to enrolled Collin College students, part-time staff and adjunct faculty.

## I already have insurance and a primary provider, how does TimelyCare benefit me?

With TimelyCare, you will have free, 24/7 access to doctors and counselors from anywhere in the United States, so you'll never have to spend time or money looking for resources when you're away from home or campus.

## Can I get a prescription?

Yes, if the provider deems it clinically appropriate.

Visit [timelycare.com/collincollege](https://timelycare.com/collincollege) for additional information.